

CapeSpace - Simplest Ever Desk Habit Tracker

(List habits, check the # of days starting at 1!)

List Your Habits Below	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21

Why are these habits important to me? (List Below)

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(List habits, check the # of days starting at 1!)

List Your Habits Below	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21		

Why are these habits important to me? (List Below)

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(List habits, check the # of days starting at 1!)

List Your Habits Below	22	23	24	25	26	27	28	29	30	31	32	33	34	35	36	37	38	39	40	41	42

Why are these habits important to me? (List Below)

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(List habits, check the # of days starting at 1!)

List Your Habits Below	43	44	45	46	47	48	49	50	51	52	53	54	55	56	57	58	59	60	61	62	63

Why are these habits important to me? (List Below)

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(List habits, check the # of days starting at 1!)

List Your Habits Below	64	65	66	67	68	69	70	71	72	73	74	75	76	76	77	78	79	80	81	82	83

Why are these habits important to me? (List Below)

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(List habits, check the # of days starting at 1!)

List Your Habits Below	84	85	86	87	88	89	90

Congratulations!

Why are these habits important to me? (List Below)